

FOCUS ON COLOR – MAGENTA – AND WHY SO MANY AMERICANS CRAVE IT

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Magenta is a mixed color – it does not have its own discrete wavelength. It is produced by combining Violet and Red. Red is the most Yang color, the lowest frequency (and longest wavelength) light we can see with our naked eyes. Violet is the most Yin visible color, with the highest frequency (and shortest wavelength). When these are combined Magenta is the result. This balancing of the extremes of Yin and Yang probably account for Magenta's use for emotional balancing.

According to the research of Dinshah, Magenta light balances the emotional body and builds the auric (electro-magnetic) field. It is a tonic to the heart, promotes blood circulation, and tonifies the kidneys and adrenal glands. It is also a tonic to the reproductive organs, and may be helpful in some cases of infertility, impotence, low sex drive and other GYN disorders.

Magenta can be useful for addiction treatments by applying it to auricular acu-points such as Shenmen, Kidney, Sympathetic, Endocrine, Zero, Adrenal and others.

I have found great value in applying Magenta light to selected PNE (chakra) centers to help address emotional underpinnings of various pain, addiction and disease conditions.

Both Magenta and Green are used for balancing purposes. Green is in the middle of the visible light spectrum, and Magenta is a combination of the extremes of the spectrum. Green is used more for balancing effects on brain function and neuro-muscular disorders, while Magenta is more indicated for emotional balance.