

Microlight Electro-Acupuncture, Chronic Pain and Depression

By Darren Starwynn, O.M.D.

Q: Why is it that many patients with pain don't respond to good, skilled treatments?

A: When patients do not respond it is usually due to a combination of lack of proper diagnosis, effective therapy or deep life lessons that have not been completed yet.

The art of diagnosis is to look for causative factors that may be hiding behind the loud voice of distressing symptoms. When skilled medical or acupuncture diagnosis and treatments do not yield satisfactory results energy medical methods may work better.

These include treatments to restore proper polarization of the body's energy fields, or to apply resonant frequencies of microcurrent or sound or color light therapy that feed dysfunctional aspects of the body-mind entity. Microcurrent and color light combination therapy is offered in the Acutron Mentor system.

Q: How does microcurrent electro-acupuncture and color light therapy work to relieve pain?

A: In several ways –

1. Through resonance effects. If you can resonate with something you can affect it, thereby helping to release blockages. This is where application of effective microcurrent frequencies and colors of light are so valuable.
2. Through supplementing weak, deficient areas – by adding an outside source of gentle energy that is easily acceptable to the body.
3. Through restoring the normal polarization of the body's energy fields. Several research studies have confirmed that severe pain and disease conditions are often associated with polarity reversals in the body¹.
4. Through very rapid dispersion of blockages. When cells output more energy than the fascia can circulate excess energy and heat build up, triggering acute or chronic pain. If left unresolved this can coalesce into masses and tumors. Good microcurrent and light techniques can almost instantaneously move the stuck energy into circulation, thus relieving pain and inflammation very quickly.

Q: How does microcurrent and light work to accelerate healing?

A: Research has shown that ATP production is increased 400% or more and amino acid replication is boosted when currents below 1 mA are applied to inured skin². This

¹ For example: Ionescu-Tirgoviste and Pruna, The Acu-Point Potential. Electroreception and Bio-Electrical Homeostasis of the Human Body American Journal of Acupuncture, Vol 18, #1 1990

supports regeneration and healing. There are also many subtle, less measurable ways that resonant energy stimulation promotes healing. These probably include promotion of neuro peptide activity and enhancing information systems in the body.

Q: How can you help heal depression with these therapies?

A: Depression is based in stuckness in persistent negative thought patterns that are reinforced by external situations. Acupuncture points are gateways into the mind-body control panels. Traditional Chinese Medicine teaches that each major organ houses an aspect of the spiritual essence of the person. The cry of the body-mind for color is often called “Color Hunger”. Depression can be due to inner blockages to nurturing energy and color.

Organs and their associated chakras respond strongly to application of certain colors of light, which can feed this color hunger and help a person feel clearer and more integrated. Color therapies are most powerful when applied through well-chosen acupuncture points.

Depression can be relieved through a combination of:

1. Unblocking a person’s energy fields, thus promoting greater feelings of ease and flow
2. Feeding color hunger through application of needed colors that directly feed the Organs and chakras
3. Helping the patient reprogram negative thought patterns.